



We are excited to have you in the gym. Please take a moment to read through the gym expectations and sign at the bottom. We want to provide a quality program for you and your children and we rely on your feedback. Please talk to us with any comments or questions.

Thank you!

TUMBLEDOWN MISSION

To develop active individuals and families committed to the well-being of each other and the community.

TUMBLEDOWN GOALS

We want your children:

- To acquire gross motor skills, coordination, flexibility, and strength
- To learn problem solving skills
- To develop a positive self-image
- To build relationships
- To have fun and to develop a love of movement

CLASS RULES

While in class, the children will be expected to abide by the following rules:

- Keep their hands to themselves, unless directed by a coach
- Listen to the coach and follow directions
- Land on their feet
- Finish with their arms up
- HAVE FUN!!!!!!

DRESS CODE

Clothing: Children should wear a leotard or comfortable clothing with no buttons, snaps, belt buckles, or zippers. No jeans or dresses please. Bare feet is acceptable. Clean socks (especially ones with little grippies) or gymnastics shoes are encouraged.

Hair: Long hair needs to be pulled back, away from the face.

HANDWASHING

Participants in class should wash their hands with soap and water before and after class. Our health is in our clean hands.

CUSTOMER INFORMATION

Please let us know if you have a change to any of the information on the registration form.

TUMBLEDOWN RULES

Keeping your children safe and providing a fun experience is our priority! Help us create this environment by abiding by the following rules:

- Children and parents are not allowed on the gym mats or equipment unless invited by a coach or participating in a parent/child class
- No food or drink in the gym (with the exception of water bottles)
- No street shoes on the gym mats
- Clean up after yourself
- No foul language
- No toys in the gym
- Children may not be left alone in the facility, without permission from Tumbledown staff

During Classes, your enthusiasm and words of encouragement are appreciated and welcome.

- If not participating in a parent/child class, please go upstairs to the viewing area or stay in the lobby
- Do not offer instruction or coach from the sidelines
- Parents are not allowed on the gym mats unless participating in a parent/child class
- Parents are not allowed to spot their child unless participating in a parent/child class
- Please have conversations with other visitors in the waiting area or viewing area
- Do not talk on your cell phone in the gym

PAYMENT POLICY

A minimum of a non-refundable deposit is due at time of registration. You can reserve over the phone with a credit card or visit us during registration desk hours. You may request a payment plan. If your balance is not paid by the due dates, we will assess a \$25 late payment fee.

CLASS CANCELLATION

Occasionally we have to cancel a class. If we cancel a class, we will contact you and you will be eligible for a makeup in a different age-appropriate class during the week. Refunds will not be given for canceled classes. You must redeem your makeup class within the same session except for extraordinary circumstances.

MISSED CLASSES

We understand that sometimes you have to miss class, please let us know if you are going to miss. Classes cannot be made up. Refunds will not be granted for missed classes except for extraordinary circumstances. You are welcome to attend Open Gym on a weekly basis. Check the class schedule for current Open Gym times.

OPEN GYM

Open Gym is for registered students only. A student must be registered for an entire session to get access to open gym. This free hour of work out is for students to practice skills they have learned in class.

REFUND POLICY

Before the first day of a session: We are happy to offer a refund in full two weeks before classes begin. Less than two weeks before classes begin, we will offer a refund of payment less the \$30 non-refundable deposit. If you prefer to have a credit, the credit must be used for the following session.

After the first day of a session: We are happy to offer refunds of all classes not yet attended less the \$30 non-refundable deposit. We will not refund for any missed classes, except for extraordinary circumstances. If you prefer to have a credit, the credit must be used for the following session

TARDINESS

Please arrive for your scheduled class on time. Late arrivals are difficult for the children and the coaches. If tardiness persists, it is at the discretion of the coach to allow the child to participate in the class.

PREVIOUS INJURY

Please inform your coach of any injury your child may have sustained prior to any Tumbledown activity. If a child is in pain, he or she will not be allowed to participate.

LATE PICK-UP

If you have been given permission to leave the gym while your child is in class you are immediately responsible for your child when class is over. If you are late to pick your child up, you will be charged \$1 per minute. The second time you are late, you will be charged and you will not be allowed to leave the facility during your child's class in the future. We appreciate your cooperation in our efforts to keep your children safe.

SICKNESS

Do not bring your youngsters if they are lethargic, have a fever, are coughing uncontrollably, have diarrhea, have a non-stop runny nose, or any type of rash. If your child is displaying any of these symptoms during class, or any other Tumbledown activity, we will be obliged to remove your child and ask that you take the child home.

DISCIPLINE

We believe in positive reinforcement and redirection, while setting clear limits designed to help children gain self-esteem, character, and responsibility. If positive reinforcement and redirection are unsuccessful such that behavior is unacceptable and safety is an issue, your child may be asked to sit and watch until ready to participate by following the class rules.

IN CASE OF INJURY

Please inform your coach of any injury your child may have sustained in any Tumbledown activity in order to fill out an incident report. We also ask that you inform us of any follow-up treatment such as a visit to a doctor.

PHOTO RELEASE

I grant Tumbledown the right to use and publish photographs of me and/or my child. Pictures may be included for advertising in brochures, e-newsletters, or website. I hereby release Tumbledown from all claims and liability relating to the photographs. Names will NOT be used and information relating to photographs will not be given to anyone at anytime. You must request your photo not be used.

PRINT NAME

SIGNATURE

DATE

Tumbledown Gymnastics Studios reserves the right to change this document at any time. (updated as of March 2011)